

Nurture at Leighfield



What is nurture?

Nurture is an evidence-based relational approach rooted in attachment theory. Nurture is a way of relating to children and young people that gets to the heart of their challenges to build connections and resilience.

Nurture: (verb) to care for and protect someone or something while they are growing.

What is a nurturing school?

A nurturing school is a place which prioritises wellbeing; where children's specific needs are met, and learning is understood developmentally. Nurture approaches in school support staff to implement positive and inclusive cultures and help children and their families to form good relationships with school. Nurturing schools provide a range of opportunities for children to develop their social and emotional skills, build their resilience and capacity to deal more and ensure that all children flourish and learn.

What are the 6 Principles of Nurture?

1. Children's learning is understood developmentally.
2. The classroom offers a safe base.
3. The importance of nurture for the development of wellbeing.
4. Language is a vital means of communication.
5. All behaviour is communication.
6. The importance of transition in children's lives.

Benefits for our children

A nurturing approach allows children to connect with others, to build important relationships and to develop a sense of self-worth. It helps them learn, play, communicate and thrive.

More information about Nurture UK and the Nurturing Schools programme can be found by clicking the following link:
[Learn more about nurtureuk: our mission, vision and impact](#)